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INSTRUMENT RATING PROGRESS CHECK 1 Attitude Instrument Flight and Instrument Navigation

Completion Standards: The student will show the knowledge and proficiency required by the instrument rating practical test standards as described in this document. Any violation of safety, FAR, Ahart policies or aircraft limitations will result in failure of this progress check Overall Grade: Note = All flight maneuvers should be performed in simulated instrument	Student: Instructor: Check Pilot: Date: Grading: E – Exceeded PTS Standards M – Met PTS Standards B – Below PTS Standards	
conditions	N – Not Tested	
ORAL 1.5 Hours		
Certificates, Documents		
Aircraft Log books and Maintenance Requirements		
IFR Equipment Requirements		
Aircraft Limitations/Performance/Weight & Balance		
Pitot-Static System, Instruments and Failures		
Gyroscopic Principles and Errors/Failures		
Vacuum System, Instruments and Failures		
Electrical System, Instruments and Failures		

____ Magnetic Compass Principles and Errors Sensory Illusions and Aeromedical Factors VOR principles and Navigation DME Principles and Navigation ADF Principles and Navigation ILS, Localizer and Back Course Principles and Navigation FLIGHT 2.0 Hours Note: All in-flight maneuvers tested must be performed in simulated instrument conditions Preflight/Startup/Taxi/Run-up Instrument checks during Taxi Operations Instrument Takeoff Constant Airspeed and Constant Rate Climbs (+/- 100 feet per minute) Level-Off/Straight and Level flight (+/- 100 Feet) Turns to a Heading (+/- 10 degrees, Bank angle +/- 5 degrees) Steep Turns (+/- 10 degrees)

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Compass Turns (+/- 10 degrees)
Timed Turns (+/- 10 degrees)
Stalls/Spin Awareness and Recovery
Slow Flight (+/- 10 degrees, +/- 100 feet)
Power-Off Stalls (Approach Stall) (+/- 10 degrees, +/- 100 feet)
Power-On Stalls (Departure Stall) (+/- 10 degrees, +/- 100 feet)
Unusual Attitudes
VOR Orientation, Interception, Tracking (less than ¾ deflection)
NDB Orientation, Interception, Tracking (if applicable) (within 10 degrees)
Localizer Interception, Tracking (less than ³ / ₄ deflection)
Localizer Back Course Interception, Tracking (less than ¾ deflection)
Constant Airspeed and Constant Rate Descents (+/- 100 feet per minute)

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Checklist Use	
Instrument Scan	
Cockpit Management	
Emergency Procedures	
Systems Malfunctions	
Radio Procedures	
Judgment and Decision-Making	
Chief Pilot Signature Date	